

MDT Management of Radiculopathy 14.-15.12.2018 ohjelma



Faculty: PT Dip MDT or Hans van Helvoirt, M.A., Dip MDT

In cooperation with; Prof.Dr. Nik Bogduk

Prof. r. Todd Wetzel Dr. Michiel Schepers

The main focus of the Masterclass is to cover the total management of both lumbar and cervical Radiculopathy including Mechanically Unreponsive Radiculopathies (MUR)

From consevative, to minimal invasive, to surgery, and the role of the MDT therapist in the different phases of this management.

Topics which will be covered: natural history of radiculopathy , conservative treatment according to MDT in the acute, subacute and chronic phase Differential diagnosis: MUR vs. bony lateral stenosis vs. central stenosis, MDT management in combination with (transforaminal) epidural injections, timing of MRI/CT,surgery indications and post- OP management.

Interactive teaching will be used: Group discussion, case studies, patient demonstrations, partical technique sessions, powerpoint and video presentations

COURSE **TIMETABLE**

Day One:

9.00 –10.30 am	Session One: Radiculopathy – Pathology and Diagnosis
10.30 – 11.00 am	Break
11.00 am – 12.30 pm	Session Two: MDT assessment and Classification of Radiculopathy
12.30 – 1.30 pm	Lunch
1.30 – 3.30 pm Derangement	Session Three: Management of Radiculopathy when the MDT classification is
3.30 – 3.45 pm	Break
3.45 – 4.45 pm	Practical Session

Day Two:

9.00 – 10.30 am	Session Four: Management of radiculopathy when the MDT Classification is MUR
10.30 – 11.00 am	Break
11.00 am – 12.30 pm	Session Four continued
12.30 – 1.30 pm	Lunch
1.30 – 2.30 pm	Session Five: Surgery
2.30 - 3.30 pm	Session Six: Differential Diagnosis
3.30 – 3.45 pm	Break
3.45 – 4.30 pm	Summation and Conclusion